



Dear Parents and Carers,

The last time you played a board game with your family there was probably a great deal of laughter. Diplomacy was evident as you graciously conceded to the child who wanted to be the banker, or dealer. Some negotiation would have been evident, even managing conflict into positive conversation. There would be the requisite challenge to esteem by losing, and winning for that matter. Importantly, there would be memories for conversations in the coming days, and a relationship strengthened for a later time. Most importantly, there would be words exchanged and lots of them: critical words for mature development of the brain and for healthy relationships.

Contrast this with individuals accessing screen time on their phones and iPads, or playing a game on the computer.

I recently read two articles of interest. In the *New York Times* I read, 'A Dark Consensus About Screens and Kids Begins to Emerge in Silicon Valley: I am convinced the devil lives in our phones' (26 October, 2018). The article focuses on the growing data about the impact of screens on children. The author, Nellie Bowles, writes:

"Tim Cook, the C.E.O. of Apple, said earlier this year that he would not let his nephew join social networks. Bill Gates banned cell phones until his children were teenagers, and Melinda Gates wrote that she wished they had waited even longer. Steve Jobs would not let his young children near iPads.

But in the last year, a fleet of high-profile Silicon Valley defectors have been sounding alarms in increasingly dire terms about what these gadgets do to the human brain. Suddenly rank-and-file Silicon Valley workers are obsessed. No-tech homes are cropping up across the region. Nannies are being asked to sign no-phone contracts...

Athena Chavarria, who worked as an executive assistant at Facebook and is now at Mark Zuckerberg's philanthropic arm, the Chan Zuckerberg Initiative, said: "I am convinced the devil lives in our phones and is wreaking havoc on our children."

The other article was in *Time Magazine*, January 28, 2019, and entitled, 'Too Much Screen Time Can Have Lasting Consequences for Young Children's Brains'. Sheri Madigan, Professor of Psychology at University of Calgary studied 2,241 mothers and children in the 'All Our Families' study. The conclusion was '...that there is a lasting influence of screen time, especially when children are two to five years old, their brains are undergoing a period of tremendous development. When a child is watching a screen, he or she, is missing out on the opportunity for walking, talking and interacting with others'.

Many children are given screens as pacifiers. While some parenting strategies value short-term parental peace at the expense of long-term child health, we need to understand that better strategies exist to deal with these situations. The evidence against screens has been clear for a long time. It is compelling now.

How much screen time should a child have under 5 years of age? The correct answer is none.

There might be a vexed debate about the impact of screen time on children. I would commend parents to find these articles, read them, and even share them with your children.

There is absolutely no debate over the impact of reading to your child and playing board games with them. I would encourage parents to establish regular times for these activities.

Do not risk your child's development with screen time. Secure their future by playing board games.

Iain Belôt
Principal

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Dear Parents and Families,

This Thursday, 16 May, was International Education Support Personnel day. We have many exceptional Support Staff who work with us at Calvin Christian School. In the Primary School, these include teacher assistants Mrs Herweynen, Mrs Thurston, Mr Levett, Mrs Webb, Mrs Conry, Mrs Maiden, Mrs Straatsma, Mrs Williams and Mrs Cosentino. We also have Mrs Van Emmerick in the front office and Mr Jeffrey taking care of our grounds. All of these staff members are essential to the educational programs that we offer at Calvin, and the value that their skill and care for students adds is unmeasurable.

Exodus 17:11-12 sums up the importance of support and the God given victory we achieve when we help each other.

"11 As long as Moses held up his hands, Israel prevailed; but when he lowered them, Amalek prevailed. 12 When Moses' hands grew heavy, they took a stone and put it under him, and he sat on it. Then Aaron and Hur held his hands up, one on each side, so that his hands remained steady until the sun went down."

This biblical example shows the support offered to Moses to defeat the Amalekites. Our Support Staff 'hold up the arms' of our teachers and help them achieve more than they could in their own strength. Among many other things, support in the school environment helps overcome learning difficulties, support classroom behaviour, make small group and individual teaching achievable, and deliver and pass on information between teachers and parents. We greatly value our Support Staff at Calvin, and took the opportunity to appreciate and honour them with a morning tea on Thursday.

Congratulations to our Year 3 and 5 students for their outstanding efforts during their NAPLAN testing. Their effort and attitude towards these tests was exceptional, with every student bringing their best to each of the four tests. Well done to our class teachers for preparing our students so well. A special thanks to Mrs Dixon and Mrs Hofman for their efforts running the tests and helping to keep the effects of any technical issues experienced through the NAPLAN browser to a minimum.

As mentioned last week, Amarlie Verdouw, Jeram Okongo, Austin Hughes, Matilda Lange, Imogen Verdouw, Moses Leaman and Emily Hughes represented the Huon and Channel Team at the State Athletics Carnival in Launceston. Along with some excellent individual results, these students represented Calvin with great spirit and enthusiasm. The Huon and Channel team also fared exceptionally well, winning the Country Division for the second year running. Well done to all involved, including parents who travelled to the event!

Andrew Nash

Deputy Principal – Head of Primary

PRIMARY
CAMPUS



Mrs Denholm and one of Calvin's support staff, teacher assistant, Mr Levett with Year 1 students.



Year 3 and Year 5 students participating in this year's NAPLAN testing.

Primary Term 2

MAY

- 21 Primary Assembly Year 1/2D
- 29 Huon and Channel Cross Country

JUNE

- 4 Primary Assembly – Year 1/2G
- 10 Public Holiday (Queen's birthday)

KEY DATES

For all important school dates please check the **CALVIN CALENDER**.

calvin.tas.edu.au/calendar

Secondary Term 2

MAY

- 30 SSATIS Cross Country
- 31 Science and Engineering Challenge Year 9 and 10

JUNE

- 4 University of Tasmania Discovery Day Year 10
- 5 Australian History Competition
- 10 Public Holiday (Queen's birthday)

For school life,
photos and events,
visit and **LIKE**
our Facebook page.

fb.me/calvinchristianschooltasmania



YEAR 6 MUSIC

While the Year 5 class participated in the NAPLAN testing, Year 6 had the privilege of using all the instruments for a whole Year 6 band practice with Music teacher Mr Rayner in the secondary Performing Arts Centre.



YEAR 5/6 P



Earlier in the year, we were fortunate enough to do some hands-on learning at the Tasmanian Museum and Art Gallery. Students explored the Dinosaur Exhibition, Antarctic Division and enjoyed a private session on fossils. We loved engaging with and hearing about history and life in Antarctica.

Recently we have been exploring biology and certain adaptations in plants and animals in science. We have experimented with Antarctic animals and how they survive in cold climates and waters. We put our hand in an icy bucket of water and then added copha (fat) the second time to physically notice the difference in temperature. Whales, for example, have a lot of blubber to ensure they adapt to cold climates.

Francis Pascal

Year 5/6 Teacher



PRIMARY CAMPUS

Primary Office

Monday – Friday
8:15am – 4:00pm
Ph. 6229 3814

School Absentees

Primary School Absentees
Ph. 6229 3814

primaryschool@calvin.tas.edu.au

Student Health

Have your child's health or allergies changed? Please let the school office know as soon as possible.

Small Wonders Playgroup

A free early years program for children (0–5 years) and their parents/carers.

Thursday mornings during school term. 9:00am–10:30am in the Kindergarten room

After School Care

After school care is provided by Stepping Stones Children's Services.

To find out more please contact them on 1300 665 699 or

admin@sharingthecare.com.au

SECONDARY CROSS COUNTRY

SECONDARY CAMPUS



Today was our Secondary School Cross Country. We also participated in the Tug of War and High Jump.

Points were accumulated for our three school houses, Wittenberg (Red), Westminster (Yellow) and Geneva (Blue).

As always here was a great spirit of fun and participation, as well as strong sporting performances and close finishes. Enjoy the photos!



2019 ATHLETICS CARNIVAL RESULTS



SECONDARY CAMPUS

Secondary Office

Monday – Friday
8:00am – 4:30pm
Ph. 6229 4829

School Absentees

Secondary School Absentees
Ph. 6229 4829
absences@calvin.tas.edu.au

Student Health

Have your child's health or allergies changed? Please let the school office know as soon as possible.

FINAL HOUSE STANDING

1417 - **Westminster**
1167 - **Geneva**
1030 - **Wittenberg**

Westminster captains:
Eliana Laning and Caleb Boonstra



Athletics Champion 2019

Year 11/12 girls	Laura Davis
Year 11/12 boys	Caleb Boonstra
Year 10 girls	Jorja Holly Laning
Year 10 boys	Isaac Haas
Year 9 girls	Rebecca Rumley
Year 9 boys	James McEwan
Year 8 girls	Sheridan Hay
Year 8 boys	Solomon Odwogo
Year 7 girls	Ebony Young
Year 7 boys	Joseph Jeffrey



Athletics Runners-up 2019

Year 11/12 girls	Jemma Conry
Year 11/12 boys	Kyle Flakemore
Year 10 girls	Racheal Odwogo
Year 10 boys	Osker Leighton
Year 9 girls	Amy Ramsden
Year 9 boys	Jason van Wageningen
Year 8 girls	Bec Boonstra
Year 8 boys	Isaac Bosveld
Year 7 girls	Isabelle Sullivan
Year 7 boys	Oliver Laning





entertainment™

SCHOOL FUNDRAISER



Hobart Including highlights from around Tasmania

We are selling the **Entertainment Book** as a school fundraiser.

For the **Primary school** books will be sent home with the youngest family member and information on how to purchase or return will be included.

For the **Secondary School** books are available for purchase from the Office or online at www.entbook.com.au/240714k

WHOLE
SCHOOL
NEWS

School Uniform Shop

Secondary Campus

Ph. 6240 1883

ccs.kingston@midford.com.au

Opening Hours

Tuesday and Thursday

8:30am – 4:00pm

Working with Vulnerable People registration

Parent volunteers at Calvin are asked to obtain a Working with Vulnerable People Registration.

For details please contact

- Primary Office:
Ph. 6229 3814
- Secondary Office:
Ph. 6229 4829

Woolworths Earn and Learn

Calvin is taking part in the 2019 Woolworths Earn & Learn program.

Last year, we were able to purchase some great resources with the points we earned, thanks to you.

From now until June 25th 2019, you can collect stickers at Woolworths that go towards Earn & Learn points. Staff, parents, grandparents, neighbours and friends who shop at Woolworths can collect stickers.



For every \$10 you spend at Woolworths, you will receive a sticker. These stickers can then be given to your children to collect on a special sticker sheet. Once it is completed, they can simply bring it back here to school or you can drop them into your local Woolworths collection box.

The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including Mathematics and English resources, art and crafts materials and much, much more!

If you have any questions, please contact the **Primary school office**.