

Newsletter

24 FEBRUARY 2017

Our community extends a heartfelt appreciation to the parents who do so much for our school.

Our recent parent and teacher barbecues would not have been such wonderful successes without the labour of so many willing hearts and hands behind the scenes. The tasks of preparation are vital and largely unsung. These preparations require adding sundry small impositions to the already busy lives that these folk lead. Whether it be phone calls, collecting a meat order, or arriving early to cut tomatoes, each task adds to already full schedules.

I admire this heart for service. I know for some it is motivated by a sense of returning the value they have received from the school and the community, and preserving the benefits that they experienced. For others, it is a sense of building something even greater than we already have at Calvin. Common among them is the sense that we all benefit from a greater depth of connection.

Thanks also to all those who attended the barbecues. Well over half our parent community attended these functions. You also added 'another thing' into your day. It is probable that you also left something early, rushed a little more, had to dash into home and immediately dash out again. It could have been just a complication to your day. We value the effort you make. There is something in your outlook that also accepts and understands the power of community and necessity of connection.

Of course, it feels good in our soul to make connection with others. It lifts our spirit also. We need both of these to flourish. As a Christian community we understand the depth of this connection. We need our spirit life to connect with and feed our soul. When we are together we find something of His presence in our midst. (For where two or three gather in my name I am with them. Matthew 18:20) We find it both as a collective community and with each other within that community.

Thanks for adding us to your schedule and for adding to our community. Thank you for fostering the wellbeing in which your children live, learn and flourish. And thank you for investing time into relationships, and making the culture of our school richer and more dynamic.

In the modern era community is harder. The family dynamic is challenged by our modern world. It seems that remaining connected in relationship is being replaced by the connection around mutual *busyness*. Does anyone else feel that we now connect with loved ones more during the spaces between activities rather than sharing activities together? No longer is the evening meal at a regular time. It shuffles around to that time when the family are able to briefly converge.

And so, the humble sausage and burger again fulfil their role as the hub of relationships. We gathered and just talked. There was so much laughter! Hordes of children played on the oval. We stood with our finely balanced paper plates and sausage soaked napkins and bantered and shared.

Thanks for being subversive last Friday and Monday. For pushing back against the world and into community. Thanks for helping us build community. Knowing your neighbour is the first step to loving your neighbour.

I look forward to future events where we can build the Kingdom of God together.



Mr Iain Belot
PRINCIPAL

Primary

FROM THE PRIMARY SCHOOL

Dear Parents,

Thank you to all people who attended the Welcome BBQ last Friday. It was great to see everyone connect with one another, enjoy time as a community and reinforce the school-home partnerships. It is our hope that you found the evening informative and enjoyable.

This coming Monday and Tuesday we hold our Parent Talk meetings. We create this time for you to speak to our class teachers about who your child is and what you see as current issues. This is highly valued by our team of teachers as they endeavour to connect and build strong healthy teacher-student relationships with each child.

To book a time please log onto www.schoolinterviews.com.au.

Next week, the Year 5 and 6 students will embark on the first primary school camp of this year. All parents have received detailed information about the camp. If you are unsure about such details please notify your teacher or our school office.

We trust you all have a wonderful weekend,

Caleb Cooper
Deputy Principal



PRIMARY SCHOOL OFFICE HOURS

Monday- Friday
8:30am - 12:30pm
1:30pm - 3:30pm
Phone: 6229 3814

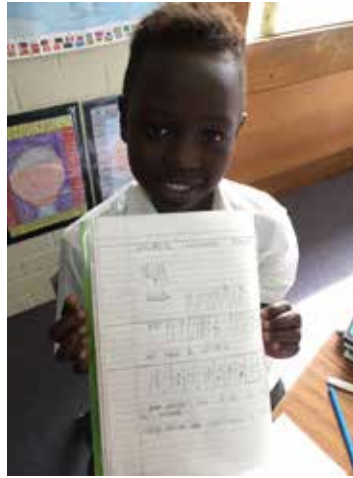
SCHOOL ABSENTEES
Primary School Absentees
Phone: 6229 3814
or email:
primaryschool@calvin.tas.edu.au

STUDENT HEALTH
Have your child's health
or allergies changed?
Please let the office
know as soon as possible.

**SMALL WONDERS
PLAYGROUP**
A free early years
programme for children
and their parents/carers.
Thursday mornings during
school term 9:00 - 10:30am
in the Kindergarten room.

YEAR 5

Year 5 has started really well! We are really enjoying Humanities and Social Sciences; learning all about what life was like for the free settlers and the convicts in colonial Australia.



We have also begun our unit on Creative Writing. We have looked at what makes a story great. The class decided that stories with a twist, whining babies and humour make the best stories. Miss Sykes questioned the class about including whining babies but the class was adamant and she was overruled.



We are looking forward to camp next week and all the awesome things yet to be learnt.

Lastly, we are loving learning the International Phonetic Alphabet to enhance our understanding of THRASS.

This has been a challenging task. This has fostered persistence in learning. The children are becoming true thrassperts!

Ms Lizzy Sykes
Year 5

It's **WORKING BEE** time



at Calvin Primary School!

Join us on

Saturday 25th March

at 9:30am

We have big jobs and small jobs.

Refreshments will be provided

All are welcome

So please give an hour or two to help make our school safe and beautiful!

Secondary

OUTDOOR EDUCATION

The last couple of Tuesday afternoons have seen the Outdoor Education TASC2 class take to the water at Kingston Beach. First time Outdoor Education students, mostly year 10's, were able to participate in kayaking and rafting. Currents Outdoor leadership and VET students from the senior years used their training by giving guidance and assistance. We also had past students, now studying outdoor leadership and physical education at TAFE and UTAS, volunteering on the day. It was wonderful to see past students so enthused to come back and help out, greatly appreciated.

Mr Pat Stam
Head of Outdoor Education



PANCAKE DAY

TUESDAY 28th February

Pancakes will be for sale for \$3.00 during lunch, outside the Student Services Centre.

Money raised will go to Uniting Care to help people living in poverty and crisis situations.

Marty Prins
High School Chaplain



Don't forget to book
a time for your

Secondary Parent and Teacher interviews

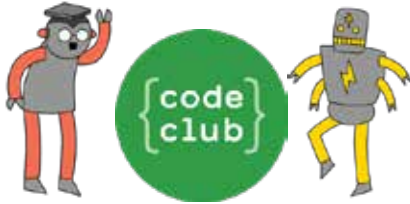
go to:

www.schoolinterviews.com.au

BOOKINGS CLOSE
Monday 27th at 4pm.

Whole School

FOR
STUDENTS IN
YEARS 5-10



Code Club @ Calvin is back for 2017!

Are you in Year 5-10? Do you like a challenge and want to have fun learning how to code computer games, animations and websites? Would you like to learn 3D Design and Modelling or have a go at Lego NXT Robotics? At Code Club @ Calvin, we learn all of this and more!

This year Code Club will run 6-week modules, each with a specific focus so you can choose to participate in the modules that interest you!

Code Club is FREE!

Your Code Club Co-ordinator is Mrs Lynda Davey



For more information about Code Club, visit www.codeclubau.org/about or email Mrs Davey codeclub@calvin.tas.edu.au



Bebras Australia computational thinking challenge

Bebras is an online problem solving competition for students in Years 3-12. Students can complete the challenge individually or in teams of up to four students.

It will be held during **Code Club** sessions in Week 6.

Anyone can participate. No prior experience is necessary.

Entry is FREE!



FOR
STUDENTS IN
YEARS 3-12

For more information about Bebras, visit: <https://www.bebbras.edu.au/>

or email Mrs Davey: codeclub@calvin.tas.edu.au

from the School Counsellor

Dear Parents and Guardians,

Thought the below article from **Kidshelpline** resources may be of interest. If your child is struggling with any friendship concerns and you would like some assistance, please don't hesitate to speak to your child's teacher/Head of Year, School Counsellor or Chaplain.

Julia



A friend is someone whom we enjoy being with and feel safe with, besides our own family. We may have a loving and supportive household but we

still need to make friends and maintain positive relationships with other people. Research shows that people may sometimes find it more comfortable interacting with friends than with their family. Moreover, compared to a young child who tends to rely more on their family, an older child or teenager will tend to rely more on their friends for support.

Each year, Kids Helpline assists children and young people presenting issues on friendships and peer relationships. Concerns about this issue continue to be reported at consistent rates.

This Hot Topic has been prepared to help parents and carers support children and young people to establish and maintain positive peer relationships as well as to overcome issues around friendships.

Importance of friendship

Friendship is crucial for a young person's development as it fosters positive self-image and a sense of being connected and accepted. Evidence suggests that a teenager who enjoys stable friendships is more likely to experience academic and social success as they feel supported with the physical and emotional demands of adolescence.

Where to meet new friends

There are many places where a young person can meet new friends including schools, workplaces, sporting clubs, libraries or through parties.

Parents and carers can help children to participate in healthy social activities whenever possible. You may draw on your existing network of family and friends and invite them over (e.g. for sleep over, barbeques, etc.) so the young person can learn how to socialise even in the comfort of their own home.

Barriers to making friends

There are people who find it easy to build friendships; while others may find it difficult[8]. In general, a person's ability to make friends can be impacted by a number of factors, including:



SCHOOL COUNSELLOR

Our School Counsellor, Mrs Julia Willoughby, is available by appointment in both the Primary and Secondary schools.

Please email Julia at jwilloughby@calvin.tas.edu.au



SCHOOL CHAPLAIN

Our School Chaplain, Mr Marty Prins, is available in the Secondary School.

Please email Marty at mprins@calvin.tas.edu.au

from the School Counsellor

Communication Skills

Communication skills help people engage with others and to get to know each other. Limited communication skills can therefore make it difficult to initiate and grow friendships.



What to do?

- Encourage the development of good conversation skills
- Model to the young person how to constructively contribute to a conversation or discussion
- If they need to leave the conversation, explain to them that it's best to wait for a gap in the conversation before saying "Excuse me, I have to go." or "Nice talking to you. See you later."
- If the young person in your care has limited English ability, they may need to access language support services. There are also free English language resources available online and in some community libraries. Encourage the young person to read lots of English newspapers and magazines to broaden their vocabulary and practise English at home. It normally takes a few years to be confident in a second language so a lot of practice and patience is needed.

Shyness

The way you react to your child's shyness can have a deep impact on their confidence in social settings.

What to do?

- Try not to push a young person into behaving in a more confident manner. This may make them anxious so give them time.
- Give the young person time to respond, and if they don't feel up to it, let them be.
- Encourage your child to join activities and sports that they enjoy - that way, they would meet other people with similar interests.
- Try to share your own childhood stories about feeling shy - and how you coped. Children love hearing stories about their parent's lives, and they may take comfort in the knowledge that they are not different.



Low self-esteem

Some children and young people may feel that they have to measure up to other people's standards or give in to the pressures of popular culture (i.e. the unrealistic images often displayed on TV or in magazines). A young person who feels dissatisfied with their body is more likely to suffer from low self-esteem and may tend to stay away from others for fear of not being accepted.

Low self-esteem may also be a sign of bullying, as children who are bullied often feel insecure about themselves and desperately want to be liked by others.

from the School Counsellor

What to do?

- Encourage a young person to value their own individuality.
- Be generous in praising a young person when it is appropriate to do so. When required, provide feedback about strategies and/or behaviours they may have used to achieve a more positive outcome in a social situation.
- If the child is being bullied, try to respond appropriately as soon as possible. Visit our Bullying and Cyberbullying hot topics.

Attachment

Some children may feel reluctant to participate in activities without their parents and carers.

What to do?

- Provide opportunities for children to socialise with others - initially, they may need lots of support and encouragement.
- Arrange for some of their classmates to come over for dinner or a sleepover.



Children with a disability

Children and young people with a disability who may lack a social network could be at risk of increased difficulties in coping with their feelings and school work.

What to do?

- Provide some information about your child's disability to the school (if applicable).
- Teach other children and young people the different ways that they can communicate with your child.
- Prepare your child to answer questions that other people may ask about their disability.
- Ask the teacher to pair your child with a similar-aged child who is good at forming friendships.
- Offer your child some positive role models by telling stories about people with a disability who achieved their own personal goals and ambitions.

If your child is with other children, it is important to provide them some activities that they are confident doing as this will help them relax and to feel comfortable with others. A young person, regardless of their ability, is likely to withdraw if they are asked to do something difficult.

Attitude

What to do?

- Model positive social skills to the child e.g. how to greet others; how to welcome visitors, etc.
- Encourage a young person to always look at the positive side of things and be ready to accept constructive criticisms from others.
- Tell the young person not to talk about other people's issues when in the company of others. 'Gossiping' turns prospective friends away.
- Show the young person how to be kind and how to share with others.
- It is also important for a young person not to compromise their beliefs and standards for the sake of trying to 'fit-in'.

from the School Counsellor

As a parent or carer, encourage regular discussion about the young person's day-to-day experiences, and take the time to listen. Support them in their search for healthy and positive relationships with others by teaching them how to prime themselves for friendships, including handling their emotions and being careful and responsible in their speech and actions.

Personal preferences

Children are different from each other, and their friendship patterns may be different from their parents or their siblings. Some of them get satisfaction from being part of a big group; others may prefer to have a friend or two at a time and feel entirely comfortable even if not invited to parties sometimes.

What to do?

- Allow the young person to express their own individuality but be there for guidance and to offer support when needed.

Making friends online

The high use of online technologies amongst young people has changed the way they interact with each other. Online social networking sites like Facebook provide a young person the opportunity to make friends and to stay connected with their peers. However, along with the social benefits come the risks associated with the use of these online facilities.

A person's privacy and safety may be compromised while using a particular social networking site. Children and young people may be exposed to cyberbullying, sexual harassment, sexual grooming, and other fraudulent activities. It is therefore important that a young person is taught how to stay safe online and to use caution when accessing social networking sites and other similar websites.

How to keep friends

- Keeping friends is just as important as establishing friendships. Below are some tips that children and young people may find helpful:
- Appreciate friends - try not to take friends for granted and take the time to thank them for the nice things they've done.
- Offer time and attention - remember to check how a friend is going and try to do some enjoyable activities with them when you can.
- Be kind and forgiving - understand that a friend may make mistakes or hurt their feelings unintentionally. This should not be a reason to end the friendship.
- Avoid jealousy - it is important for a young person to understand that we can have as many friends as we want, and that having other close relationships does not mean a friend is not faithful.

Reminder

As a parent or carer, you may feel unsure if you should get involved in your child's friendship issues, and if so to what extent. Remember that a young person does not have the full capacity to judge in a critical manner, and tends to tolerate attitudes and behaviours which you may find unacceptable; thus, it is important that they are provided support and guidance.



WHO CAN I CONTACT FOR MORE INFORMATION?

If you have any concerns about how your child is settling in and making connections with others, please don't hesitate to speak with your child's

- Head of Year
- School Counsellor
- High school Chaplain.

You may wish to contact your local parenting help service/s for further information.

Whole School

We are currently
confirming places for
2018 and 2019.

Please contact our Registrar:
registrar@calvin.tas.edu.au
to confirm your child's enrolment.

**SCHOOL UNIFORM
SHOP**
Secondary Campus
Opening Hours
Tuesday and Thursday
8:30am - 4pm



The school provides students with the opportunity to learn a musical instrument outside of the classroom environment.

Currently, tuition is available for

**Piano, Guitar, Drums, Clarinet, Trumpet,
Trombone, Violin and Voice.**

A list of available teachers of these instruments may be collected from either the Primary or Secondary offices. Please feel free to contact them directly to organise or enquire into lessons for your child.

Whole School

Rotary Youth Program of Enrichment

RYPEN SOUTH 2017

April 7– April 9 The Lea Camp (Southern Outlet Highway)



A WEEKEND OF FUN, FRIENDSHIP, CHALLENGES AND ADVENTURE FOR YEAR 10 STUDENTS

RYPEN is a **FREE** weekend sponsored by Rotary clubs in Southern Tasmania. It is aimed at developing teamwork, communication, leadership and social skills in a supportive and safe environment

The focus is on fun whilst challenging you and your team to think outside the square and explore different ways to solve problems

Applications to attend RYPEN can be done online (see website below) but must be received no later than 31 March 2017



FURTHER INFORMATION :

<http://www.rotary9830.org.au/rypensouth.htm>

Tony Moore 0400 521 724
Mellissa Harvey 0409 016 723

WORKING WITH VNERABLE PEOPLE REGISTRATION
Parent volunteers at Calvin are asked to obtain a Working with Vulnerable People Registration. For details please contact
Primary Office:
6229 3814
Secondary Office:
6229 4829

CALVIN FACEBOOK PAGE
For school life, information, photos and events, visit our Facebook page.

Call for Entries!



Channel
CHRISTIAN SCHOOL

CAKE DECORATING COMPETITION

All cakes must be from either of the **Women's Weekly Birthday Cakes** books (original edition or more recent 'Kid's Birthday Cakes' version).

Judged by a Peoples' Vote on **appearance only**.
The cake with the highest bid wins the prize!

RECYCLED SCULPTURE COMPETITION

Wow our community with a sculpture made from what you can find in the back of the shed, garden or recycling bin.

Mr Roberts (school principal) will judge on creativity and the best use of recycled materials.

CATEGORIES: 5-8's / 9-12's / Adults

Register submissions: clancyhartman79@gmail.com

TWILIGHT FAIR ★

4³⁰ PM ~ 7³⁰ PM

Friday

MARCH 17th

Whole School



youthservices

yspace

Youth Activity Program

Kingborough Council's Youth Services are offering workshops and activities to young people aged between 12 and 19. **Most yspace workshops are FREE of charge, bookings essential.**

Dates	Activity	Location
2 March (Thursday) 4pm – 5.15pm	Food Handling Training Certified training with Kingborough Council's Environmental Health team. A must for anyone who wants to work in the food industry	yspace 98 Beach Road, Kingston
14 March, 21 March, 28 March (Mondays) 4pm – 5.30pm	Gluten Free Cuisine It's Coeliac Awareness Week 13 – 20 March; attend these workshops to learn all about gluten free alternatives and use them to make one sweet and one savoury dish	yspace 98 Beach Road, Kingston
30 March, 6 April, 13 April, 20 April (Thursdays) 4pm – 6pm	Construction Classes Use power and hand tools to create your own stylish Adirondack chair	yspace 98 Beach Road, Kingston
2 May, 9 May, 16 May (Tuesdays) 4pm – 5.30pm	Barista Create heavenly cappuccinos, lattes and espressos that would impress the most discerning coffee connoisseur	yspace 98 Beach Road, Kingston
6 June (Tuesday) 4pm – 6.30pm	RSA Training to get a 'Responsible Serving of Alcohol' certificate A great addition to your CV! *participants must aged 15 and over **A charge of \$35 applies	yspace 98 Beach Road, Kingston
9 June, 16 June, 23 June (Fridays) 4pm – 5.30pm	CV/Interview techniques Be job ready! Showcase your skills and achievements in a stand out CV. Workshops will be delivered by Sharyn of <i>Sharhill Consulting</i>	yspace 98 Beach Road, Kingston
19 June, 26 June (Fridays) 4pm – 5.30pm	Introduction to Stress Free Techniques Do you worry about exams, relationships, body image, bullying, or anything else? Learn how to manage stressful situations using a simple emotional tapping technique with Lalita – a stress release expert.	yspace 98 Beach Road, Kingston

For further information contact Council's Youth Development Officer on (03) 6211 8137
or email: kc@kingborough.tas.gov.au