

Newsletter

26 MAY 2017

Ideas have consequences. This is one of the central understandings that we communicate to the students in our care.

It seems such an unlikely notion, that something we just imagine can produce physical outcomes? Surely just thinking cannot produce emotional and mental outcomes that are real, tangible and life changing?

But they do!

We are spiritual beings. We acknowledge that we are comprised of three elements: body, soul, and spirit. We advocate the interconnectedness of all these areas. Particularly, it is not possible to consider any thought as in the mind as separate from the spirit, and without impact on the emotions and the body. Humanist teaching emphasises that these elements can be separated and thus are independent of each other.

Psychologists and scientists have proven this deep interconnection. In sport it is well understood that visualisation in the mind changes both the emotional motivation and physical performance.

“For as he thinketh in his heart, so is he...” Proverbs 23:7

On Monday evening, Glen Gerreyn explored the idea of parenthood. Glen was the guest of School Council and he spoke to staff, parents and students across two days.



It was so wonderful to see so many parents from the school and the local Hobart community come out to sharpen their skills and perceptions about raising children. Glen shared ideas about parenting that assisted people in considering their own ideas. Our ideas about parenting affect our children just like the ideas of our parents affected us.

Parenting is the area in which there is the greatest wrestle with ideas. For instance, in the 1960's, parenting was influenced by 'new' ideas. In sympathy with the rebellious times of Rock 'n' Roll, Vietnam protests and Civil Rights many contested the authority of parents to discipline children. These new ideas eventually fostered the movement of permissive parents. In time this evolved into what we now know as Helicopter parenting (hovering over their children to protect them from stress and the bumps in life), and lawn mower parents (removing everything from the path of the child so they never encounter problems). It gradually became too generally acceptable that parents should be friends with their children. It became important to emphasise children's feelings above the formation of their character. There is a direct connection between this and the rise of anxiety that is so rampant in our children. Dr Benjamin Spock wrote in 1974, that the, "Inability to be firm is, to my mind, the commonest problem of parents in America today." (Redbook Magazine from February 1974, p. 29). Ideas about parenting is the most contested area in our society.



Mr Iain Belot
PRINCIPAL

PRINCIPAL'S REPORT *continued*

Education is the next major battleground of ideas. Education is solely concerned with raising children. It focusses on the building of character and the passing of values from one generation to the next.

On Tuesday evening, a large number of parents from the primary school attended the THRASS training presentation. As Caleb Cooper noted in last weeks newsletter, THRASS is our preferred program to ensure a K-6 approach to teaching literacy to students in the school.

Again, ideas are important here. In the 1960's someone had the idea that children didn't need to be directly taught grammar, spelling and reading. The idea that children learned best by teaching themselves became popular. The result was that a generation of children had their competence in grammar and language reduced.

Both the challenges to parental authority and changes in education had significant common origin in 'new' ideas about the nature of children. These 'new' ideas were drawn from Jean Jacques Rousseau (1712-1778) and especially from his novel Emile.

We are careful and conservative about the ideas we promote, because ideas really do have consequences.

Iain Belot
Principal





CALVIN
CHRISTIAN SCHOOL

SCHOOL COUNCIL



School Council Parent Forum
Inspirational speaker Glenn Gerreyn
speaking on Positive Parenting

Working Together
council@calvin.tas.edu.au

Primary

Dear Parents,

This week we continued our strategic focus on improving literacy practice in the primary school by bringing Mrs Lorraine Smelter into the school to work with all our staff. All teachers and teacher aides received in class support and one to one feedback and discussion. On Tuesday evening, we held a THRASS Parent Information Session tailored specifically to all parents. It was fantastic to have over 40 parents join with us in our commitment to fostering a common language between home and school. As parents, you play an important role in supporting the work of the classroom teacher. By learning and referring to the THRASS chart and using correct terminology in the home, you are able to consolidate classroom learning and avoid confusing children with conflicting (or incorrect) information.

Our students are eager to learn and grow. We aim to grow this love of learning by first being learners ourselves. If you would like further support at home, our teachers are ready and able to help and support you.

I want to congratulate all our Huon and Channel Cross Country participants. You represented the school well and provided great encouragement for others.

Year 3 Girls, Division B Champion – Mikayla Forsyth

Year 4 Girls, Division B Champion – Alyssa Lynch



Once again, Book week has proven to be very popular with our students. This will continue next week until Thursday 1st June. I do ask that you speak with your child about not sharing money with other students as this is causing misunderstandings and disruptions with our transactions.



AUSSIE OF THE MONTH

Aussie of the month is Alyssa Lynch

Alyssa has received this award for being a caring, helpful and encouraging friend, who consistently looks out for the well-being of others.

Have a wonderful weekend

Caleb Cooper
Deputy Principal

PRIMARY SCHOOL OFFICE HOURS

Monday- Friday
8:30 am - 12:30 pm
1:30 pm - 3:30 pm
Phone: 6229 3814

SCHOOL ABSENTEES

Primary School Absentees
Phone: 6229 3814
or email:
primaryschool@calvin.tas.edu.au

STUDENT HEALTH

Have your child's health
or allergies changed?
Please let the office
know as soon as possible.

SMALL WONDERS PLAYGROUP

A free early years
program for children and
their parents/carers.
Thursday mornings during
school term 9:00 - 10:30 am
in the Kindergarten room.

www.campaaustralia.com.au | 1300 105 343

New Outside School Hours Care at Calvin Christian School



Dear Families,

We are excited to be partnering with your school to deliver Outside School Hours Care (OSHC) **from Monday 31st July 2017**

We will partner with your school community to deliver a tailored after school care program that is focused on bringing out the very best in kids. The program combines active games with structured and unstructured play, quiet time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia educators who are on a mission to make kids smile.

Parent Information Session

To help families understand how the program is structured, to meet our educators, and to find out how to make bookings and manage your account, a Parent Information Session will be held at the school.

When: Thursday 1st June 2017 at 6:00pm
Where: Seminar Room

We understand time is valuable to working parents and you may not be able to attend this information night. If this is the case, please visit www.campaaustralia.com.au and use the school finder to find out all you need to know about the program.

Register and Book

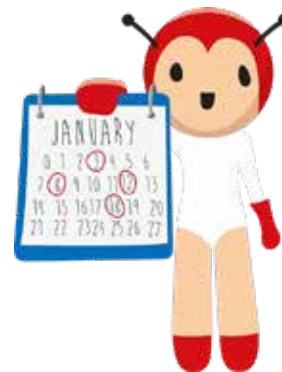
Through your school page on our website you can request an information pack, or register and book your children into the program.

If you have any further questions, you can call our friendly Customer Service Team from Monday to Friday (8.00am – 6.00pm AEST) on 1300 105 343.

We look forward to seeing you in OSHC soon!

Yours sincerely,

Esther Holloway
Camp Australia
Regional Manager



Manage your Bookings

Register for an account and manage your bookings at www.campaaustralia.com.au or call the Customer Service Team on 1300 105 343.

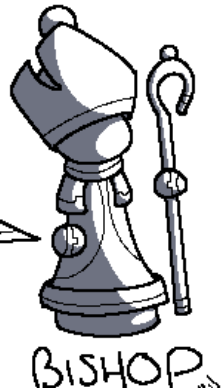
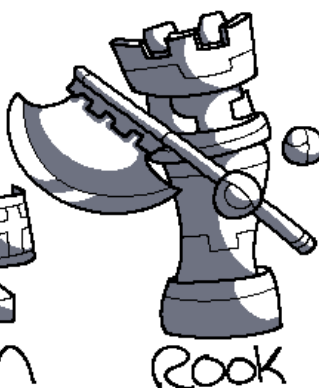
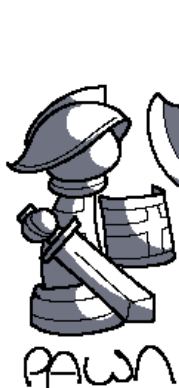


Primary

CALVIN PRIMARY CHESS CLUB

Calvin Primary Chess Club has started this term as part of our Enrichment program. The chess club is for all students in the middle and upper primary grades and meets in the school library on Thursdays at lunchtime.

We are looking for grandparents or parents who would like to help and mentor our budding chess champions. If you are free and keen on Thursdays at lunchtime, please contact Mel de Kievit on mdekievit@calvin.tas.edu.au



YEAR 3

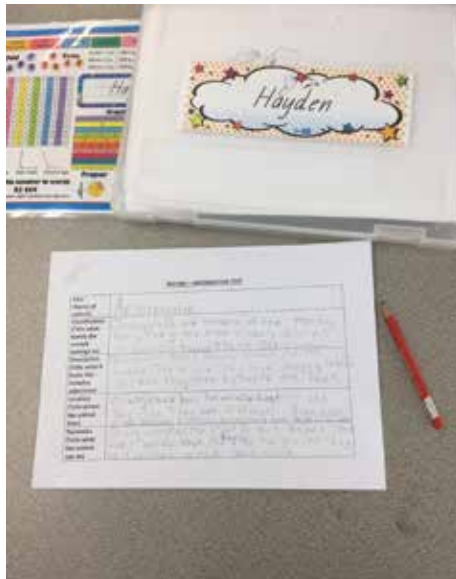
Term 2 Writing – Year 3

Our writing focus this term has been to explore Informative Texts. We know that writing has many different purposes, including to entertain, persuade and inform. Informative texts can take many forms including procedures, recounts, explanations, news articles and biographies. We have been studying reports as our first detailed look at Informative Texts.

Information Reports present details about an object, animal, person or place. Our class decided to produce animal reports, following this text structure:

- a title
- classification
- description
- location and finally,
- the dynamic.

Jo Dixon
Year 3 Teacher



Title (Name of animal)	<u>ORANGUTANS</u>
Classification (Tells what family the animal belongs to)	Orangutans are members of the monkey family. They are also closely related to humans, having 97% of DNA in common.
Description (Tells what it looks like – includes adjectives)	Orangutan males grow up to about 15 metres and females grow to 1.2 metres. They have shaggy, reddish fur and they have big hands and feet.
Location (Tells where the animal lives)	Orangutans have two species – the Sumatran and Bornean. They look different from each other because Sumatran Orangutans have longer facial hair.
Dynamics (Tells what the animal can do)	Orangutans' arms stretch out longer than their bodies. When they're on the ground they walk on their palms or their fists.

HUON AND CHANNEL CROSS COUNTRY

On Wednesday 24th May, 31 enthusiastic participants represented Calvin Primary school at the Huon and Channel Cross Country event held in Huonville. Everyone from Calvin competed in a professional manner giving their best for themselves and their school. It was a great day and there were many fantastic individual and team performances. To highlight just a few of the outstanding results.



Mikayla Forsyth and Isla de Vries finished 1st and 2nd respectively in the grade 3 girls event and along with Marni Duggan and Georgia Brouwer took out the team event for Grade 3 B division. Alyssa Lynch finished 1st in Grade 4 girls, with Holly Hass 3rd in the same event, and along with Ava van Muijlwijk and Evie Smith won the Grade 4 girls B division.



There were many other great performances including Sam Pash finishing second in the Grade 5 Boys, Lauren Shelton 2nd in the Grade 6 girls and William Von Stieglitz 2nd in the Grade 6 boys with Isaac Bosveld 4th in the same event.

Stuart Millar
Teacher of Physical Education



from the School Counsellor

Dear Parents and Carers, in light of the recent events of the tragic loss of lives in Manchester, I thought the below article maybe of interest to you if you notice your children being impacted by sad news.

How to help children cope with shocking news coverage - ABC News

It's hard not to be upset by the rolling media coverage of an unfolding tragedy, with its graphic footage and heartbreaking interviews of those directly affected.

And for children, such news can be difficult to understand.

Escaping these big stories can be difficult when they're everywhere you go — on the television at home, on your car radio, all over your favourite websites and on the front page of the newspaper.

Research shows even adults can be very traumatised by this constant stream of bad news, especially in the wake of disasters or senseless acts of violence.

A study conducted in the wake of the 2013 Boston Marathon bombings found people exposed to more than six hours of daily media coverage of the tragedy were more likely to experience symptoms of acute stress than those directly affected by the event. One of the study's co-authors, Professor Roxane Cohen Silver, said the results of the study were quite surprising.

"What was striking was the impact of this media exposure even for people who knew nobody, who weren't there that day ... Media exposure was a stronger predictor of acute stress response than having been there," she said.

Children may worry the same thing will happen to them

A senior psychologist for disasters with the Australian Psychological Society, Susie Burke, agreed intense media coverage of disasters — such as terrorist attacks, plane crashes, floods, and earthquakes — can trigger a strong emotional response in many people. But she said young children could be particularly sensitive to such coverage — especially those around pre-school age, who may worry that the same sort of thing is going to happen to them and their family.

"It's not the toddlers or really young children, who are probably not going to know what they are looking at. It's the slightly older children, who are aware enough to know what they are seeing ... but who aren't necessarily able to see that it's a one-off, discrete happening," Dr Burke said.



SCHOOL COUNSELLOR

Our School Counsellor, Mrs Julia Willoughby, is available by appointment in both the Primary and Secondary schools. Please email Julia at jwilloughby@calvin.tas.edu.au



from the School Counsellor

Professor Beverley Raphael from the Australian Trauma and Grief Network, based at the Australian National University, said evidence showed excessive exposure to disaster-related news coverage could traumatise some children, and this is why the World Health Organisation recommended children not be shown this type of coverage.

She said there was also evidence to suggest that video footage in particular could be "much more unsettling and can stick in a child's mind more than the static images in print media or the audio in radio stories".

But there are ways to help children cope with and process disaster-related news coverage.

1. Do limit viewing time, but don't try to keep it a secret

While it's important to protect children from excessive media coverage, Professor Raphael said parents shouldn't try to shield their children from these types of events when they happen.

"Keeping it a secret is not possible in this day and age. It's when you try to hide it that it becomes more terrifying or more strange for a child, so it's really important for parents to explain what's happened and to comfort the child," Professor Raphael said.

2. Be with them when they are seeing or reading stories

Dr Burke said if parents explain what is happening to children, they can help them to better understand what is going on and reassure them if they are feeling worried or anxious.

"That way we can be there to hear what misunderstandings they might have and correct those misperceptions, so they have a better understanding of it," she said.

Professor Raphael said by speaking to children about their feelings, parents could also help their children build emotional literacy.

"You can help them to give names to the feelings they've got, and saying they are feeling sad and developing a naming vocabulary for the feelings they're having ... These are valuable conversations to have."

3. Remind them good things happen too

"All it [the news] does is keep showing you hurt, and not the strengths and courage and good things that people do to help everyone," Professor Raphael said.

So reminding your child that good things happen in the world can be helpful.



from the School Counsellor

4. Provide comfort and affection

In most cases children are upset, rather than traumatised, and Dr Burke said this was not necessarily a bad thing, as it gave children and their carers an opportunity to have difficult conversations.

"It's an opportunity for parents to have conversations with children about losing people that you love, or losing things that you love, or how to grieve, and that crying is okay, and talking about how you are feeling is okay," she said.

5. Distract them with a game or new activity

While shielding your child entirely from coverage of negative news events is not helpful or practical, there does come a time when enough is enough.

Keeping viewing time to a minimum and then moving on to a new activity afterwards helps limit the time a child has to dwell on negative news coverage by refocusing their attention.

So head outdoors together, play a game, or simply watch something else on the television.



Secondary

OUTDOOR EDUCATION AND LEADERSHIP RAFTING CAMP



Last Friday morning Outdoor Education and Leadership students set off on the 2017 rafting camp. The camp involved rafting down the Huon River from the Tahune Air Walk to Judbury over three days. The rafters experienced the real meaning of cold and wet whilst on the river and despite this had a heap of fun. The camp provided opportunity for growth in skills such as leadership, rafting and knowledge of the environment. It also allowed us to explore nature and our relationships with God. The camp was a great success with every student coming home on Sunday having learnt or experienced something new.

Rhiannon Hennessey
Year 12



SECONDARY SCHOOL OFFICE HOURS

Monday- Friday
8:00 am - 4:30 pm
Phone: 6229 4829

SCHOOL ABSENTEES
Secondary School Absentees
Phone: 6229 4829
or email:
absences@calvin.tas.edu.au

STUDENT HEALTH
Have your child's health
or allergies changed?
Please let the office
know as soon as possible.

OUTDOOR EDUCATION TASC2



The current practical unit in Outdoor Education TASC2 is surfing. Students have made excellent progress in their surfing skills.

Patrick Stam
Teacher of Outdoor Education and Sport Science.



Secondary

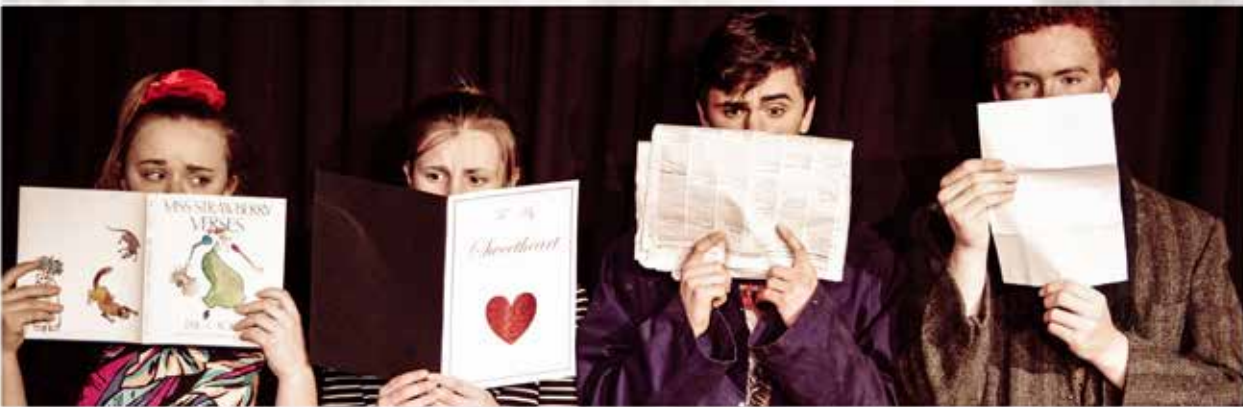
Calvin's Senior Drama Class presents

Groping for Words

**A dramatic comedy about literacy,
learning and life**

by Sue Townsend

Directed by Emily Di Pretoro



At the Performing Arts Centre

Wednesday 7th June | 1.25pm matinee
free entry

Friday 9th June | 7pm

Adults \$10

Concession by gold coin donation

Door Sales Only

03 6229 4829

admin@calvin.tas.edu.au

Secondary

PRAISE & WORSHIP

On Thursdays from 8:00 - 8:30am a group of us meet in the Conference Room on the Secondary campus to Praise and Worship our faithful God. We would like to invite parents, friends and students to join us whenever possible. We believe God is calling us to lift His name high and to bless Him in this way. King David's exhortation to worship is relevant today! I Chronicles 16:8-36.

Ineke Laning - Acting Deputy Principal

Biggest Morning Tea
TUES 30th MAY

choose a theme for your group, get dressed up, pack a picnic!

PRIZES FOR:

- * BEST DRESSED INDIVIDUAL
- * BIGGEST GROUP DRESSED UP
- * BEST GROUP DRESS-UP
- * COSTUME WITH MOST YELLOW

PLUS food relay competitions

HOUSE TEAMS

- GENEVA representatives
- WESTMINSTER representatives
- WITTENBERG representatives

GOLD COIN DONATION
for dressing up & relay entry

Cancer Council | Australia's Biggest Morning Tea

CALVIN
STUDENT COUNCIL

Whole School

CALVIN CHRISTIAN SCHOOL UNIFORM SHOP

WINTER SPECIAL

All old style track pants have been reduced to

\$21

Most sizes are available.

New style track pants **\$55**

Soft shell jackets should be arriving by the end of May.

The Calvin Christian Uniform Shop is open every
Tuesday & Thursday 8.30 am to 4.00 pm

03 6240 1883

Email: ccs.kingston@midford.com.au

 **entertainment**
FUNDRAISING



Entertainment books were sent home with the youngest student in the family last week (unless you have advised otherwise) and are due to be

returned TODAY, FRIDAY 26 MAY

Unwanted books should be returned undamaged and in the original envelope to the class teacher.

Thank you to the many families that have already paid or returned their books.

If you have any questions, please don't hesitate to contact Karen Hurd in the Primary School office via email or phone 6229 3814.

Whole School



ONE TEACHER. HUNDREDS OF LIVES MADE BETTER.

NOMINATE A TEACHER FOR THE A DAY MADE BETTER TEACHING AWARDS
Recognise a teacher who has made an impact at ADAYMADEBETTER.COM.AU



NOMINATE A TEACHER WHO HAS MADE AN IMPACT TODAY.

The A Day Made Better Teaching Awards is the opportunity to recognise a primary or secondary school teacher for the impact they have made. If chosen as one of 10 winners, they'll receive supplies for their classroom.

ONE TEACHER. HUNDREDS OF LIVES MADE BETTER.

Celebrate a teacher who has made an impact by nominating them at:
ADAYMADEBETTER.COM.AU

