



7 JULY 2017

#### **Staffing News**

Mrs Laning completes her role as Deputy Principal – Head of Secondary today. I am thankful for Mrs Laning bringing her deep knowledge of the school, her high standards of professionalism and her deep compassion for people to the role. It is no surprise that Mrs Laning has conducted these duties in a self-sacrificing and dedicated manner. She always has Jesus and students at the centre of her decision making. I know that I have her trust and I have valued her support. Mrs Laning will return to her duties as Dean of Student Welfare.

**Director of Studies** I am delighted to announce that Mrs Bonny Moroni has been appointed to the position of Director of Studies. This position is effective from the commencement of Term Three. Mrs Moroni was the successful candidate from amongst a strong series of applicants from around Australia. She is very well qualified for this role having served as both a Head of Department in the past, and through her current role as the TASC Liaison Officer in which she oversees the operation of our senior curriculum. Mrs Moroni is a gifted administrator who is capable of bringing great sophistication with maximum efficiency. She has a very strong commitment to Christ and will be yet another strong anchor that secures our commitment to Christian Education.

Today we farewelled Mrs Erin Leder from the staff. I thank Mrs Leder for her contribution to Calvin over many years. She has worked, among many responsibilities, to bring our curriculum into greater sophistication and has managed the school magazine. We wish her well in her future teaching career.

I am delighted to announce that Mrs Sylvia Beeton has been appointed to teach the Year 7 and 8 Society and the Environment (SOSE) next semester. Mrs Beeton has previously held the position of Head of Humanities at Leighland Christian School and been Year 7 Coordinator. She holds a Bachelor of Education from Edith Cowan University. We look forward to Ms Beeton being part of our team.

#### **Primary School Professional Development**

The Primary staff have had a very intense and successful week of training in Sharp Reading. We have hosted international Reading Consultant, Mr. Brian Parker to teach, coach and mentor teachers from Grades I to 6 on the most effective strategies to teach reading. Brian visited classes and modelled strategies, presented a workshop on Monday evening, coached teachers through the following day, and reviewed their progress in another session. Brian was excellent. Our teachers worked tirelessly to absorb the new strategies and implement them in class. I have to commend them for their professionalism and focus.

#### Co-curricular

I want to commend the players on all the Basketball teams for the manner in which they have played their games this term. We had considerable success with two teams winning the Grand Final this week. Also, I would really like to thank the parents who have so enthusiastically



Mr Iain Belot PRINCIPAL

and selflessly devoted their time to all our basketball teams this year, those who coach and team manage, as well as those who have help with transport, scoring, and encouraging the players throughout the season.

#### **Reports**

Recently I referred to the school being in the middle of reporting season. I have just concluded writing on half of the Primary reports and all of the Secondary reports. I have been very impressed with the standard of scholarship on display. One of the key elements that we value in our school is high expectations. It is obvious that students are ambitious and working to achieve from a strong internal motivation. This is impressive.

#### Safe Break

I wish everyone a very safe, prosperous, and relaxing break these holidays. We are looking forward to seeing the students back next term.

lain Belot Principal



# Primary

Dear Parents,

Term 2 has come to an end after what has been a very full term with an increasingly wide range of academic and co-curricular activities and events taking place for both students and teachers. Such experiences have ranged from financial literacy workshops, Enrichment programs, Chess Club and Code Club to students enjoying the Joseph production and the Australian PlayHouse Association performing Puss n Boots. We have held three different ICAS Assessments for students in Years 2-6 and NAPLAN tests for our Year 3 and 5 students.

House Captains have continued to build on leading the student body with Fitness Friday every fortnight. School Captains have led initiatives for students by organising a student vs teachers soccer match and organising and promoting the primary schools Got Talent event which will take place in Term 3. Teachers have continued to promote the school theme 'Others First' in their classrooms while creating a vast range of learning opportunities for their students.

Staff have received high quality professional development and in-class support with implementing and embedding THRASS into their classroom routines. This week, we have continued our commitment to literacy by introducing SharpReading so that we actually grow active readers who are able to make meaning and think critically on what they read. This is a necessary skill for all our students. At the same time, we have had an international consultant providing behaviour management support to teachers in our classes.

In addition, we have focussed on embedding new evacuation and lockdown procedures to support our commitment to providing a safe school for us all to enjoy. There have been improvements made to the school property, with new fences, speed bumps and car park stops. School Council have improved the gardens and stained retaining walls.

With all this and more taking place over this term, I want to thank all parents and staff for remaining committed to partnering with one another in providing a strong Christian and educational environment where our students are safe, are known, and feel supported in their personal growth as a child.

As this is the last newsletter of Term 2, I want to commend all our students for a great term. Many of you have worked extremely hard and have shown good progress in your learning. We look forward to hearing all of your holiday stories when we return.

To all our parents, I hope you get to spend some quality time with your beautiful children during the holidays. There are a lot of very tired children around, so the holidays will be a great opportunity to recharge for Term 3.

Take care

Caleb Cooper
Deputy Principal

## PRIMARY SCHOOL OFFICE HOURS

Monday- Friday 8:30 am - 12:30 pm 1:30 pm - 3:30 pm Phone: 6229 3814

SCHOOL ABSENTEES
Primary School Absentees
Phone: 6229 3814
or email:
primaryschool@calvin.tas.
edu.au

STUDENT HEALTH
Have your child's health
or allergies changed?
Please let the office
know as soon as possible.

## SMALL WONDERS PLAYGROUP

A free early years program for children and their parents/carers. Thursday mornings during school term 9:00 - 10:30 am in the Kindergarten room.



# Primary



**Year 4** have been on a 'Round-the-World Tour' this term. They have researched a country on each of the continents to include in their Passport. They then created a poster comparing Australia and one of their chosen countries.

Elias "I discovered that Australian culture is a lot different to Chinese culture."

Harry Z."I learnt about some different types of sport."

Nic. M "I learnt about when compasses were made."

Riley "I learnt that all the different continents speak different languages."

Esther "I have learnt that Australia has heaps of people from different countries living here."

Christine McMinn Year 4 Teacher











# Primary

#### **SMALL WONDERS**

Term 2 at Small Wonders has been a beary busy time. We have been exploring all things bear! Grumpy ones, big ones, polite ones, hungry ones, itchy ones, birthday ones and not-so-small ones. Through stories, singing, play, painting, craft and even a teddy bears picnic our smallest Calvin members have had a beary, good time.









## Annual Soccer BBQ Saturday, September 16



All soccer players and their families are invited to attend. A parents versus students match will be followed by end of season awards.



# Secondary

Thank you to the Calvin community for donating an amazing amount of medical and school supplies for our Fiji Mission trip. The team will travel to a range of schools over the next two weeks, sharing the gospel and also restocking their school supplies and first aid kits with much needed medical supplies.

Blessings - Fiji Mission Team 2017





### THE HOBART EISTEDDFOD RESULTS

Congratulations to the following piano students who completed in the City of Hobart Eisteddfod and achieved a range of first places and Certificates of Merit.

Pianoforte Solo Contemporary or Popular Grade 7 \$50 Award: Ruth Hazell (Year 12)

Pianoforte Solo equivalent to AMEB Grade 8 Certificate of Merit: David Vonk (Year 10)

Pianoforte JS Bach Recital - 16 Years & Under Certificate of Merit: David Vonk (Year 10)

Pianoforte Recital – 16 Years & Under Certificate of Merit: David Vonk (Year 10)

Pianoforte Solo Australian Composer – 16 Years & Under \$70 Award: David Vonk (Year 10)

Pianoforte Duo, Duet or Ensemble - 16 Years & Under \$50 Award: David Vonk (Year 10) & Daniel Glover

Pianoforte Solo Contemporary or Popular Grade 4 Certificate of Merit:Thomas Di Pretoro (Year 10)

## SECONDARY SCHOOL OFFICE HOURS

Monday- Friday 8:00 am - 4:30 pm Phone: 6229 4829

### **SCHOOL ABSENTEES**

Secondary School Absentees Phone: 6229 4829 or email: absences@calvin.tas.edu.au

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## CALVIN

# Secondary

#### YEAR 11/12 - TASC3 BIOLOGY

Living organisms are an amazingly complex and wonderful creation. What makes life even more mind-blowing is that it all stems from the smallest building blocks, cells. Within those tiny cells lies an amazing code of instructions that are responsible for the growth and development of all creatures. The Year 11/12 TASC 3 Biology class has been exploring the microscopic world of DNA in recent weeks and have extracted DNA from a range of organisms including strawberries, peas, cows, sheep, chickens and even themselves. Students also modelled the structure of DNA in a slightly more edible, appealing fashion (see picture), produced their own still-life movie demonstrating DNA replication, and debated some of the ethical issues arising from the science of Genetics. All in all, the spiralled double helix is creating quite a staircase of interesting, hands-on learning opportunities.

Mrs Carly Brouwer Senior Biology Teacher





### **COMING SOON**

Excitement is building as the School Band and Student The

**School Band** and **Student Theatre Company** look forward to their **tour of Tasmania** in August.

They will perform for four different Christian schools around the state, and preparations are well in hand for the trip.

There will be a preview concert at Calvin on Thursday 10th August in the PAC at 7pm and we invite the school community to put the date in their calendar!

Emily Di Pretoro Head of Creative Arts Artistic Director of S.T.C

#### **ALL SCHOOLS CROSS COUNTRY**

At 7am on Tuesday 4th July, a team of twenty-two Calvin Secondary students caught the bus to Symmons Plains to participate in the All Schools Cross Country Championships. Weather conditions at Symmons Plains were still and the track was firm, which meant for fast times.

All students from Calvin who competed across the Under 14 to Under 20 age groups gave of their best efforts and represented the school in a fine manner. Some extremely positive results were achieved by Calvin Students. These students included Ebony Webb who finished 2nd in the Under 18 female race, Caleb Boonstra who finished a well-placed 6th in his Under 17 event, and Amy Sharp who placed 9th in the Under 17 female race.

The school community can be really proud of the Cross Country Team who represented Calvin in a wonderful manner, not only in events, but also by the way they conducted themselves during the entire day.

Mr Stuart Millar Teacher of Health & Physical Education Director of Athletics









# Secondary

### **BASKETBALL RESULTS**



Calvin 9 vs Moody Blues - one of the toughest teams in the competition. It was another super close game for the first half with Calvin keeping the scores very close. Unfortunately as we only had 5 players, and no subs for this team, when we lost one player due to fouls the game became a bit tougher, however everyone gave 100%. Well done girls.



#### **GIRLS BASKETBALL REGISTRATION**

For those interested in playing basketball in the Girls 16 years and under roster at the KSC on a Wednesday after school (3.45 or 4.30 game times) in Term 3 please email ASAP Jen and Leeanne on email leeanne.levett@gmail.com

as we are currently registering teams.

Leeanne Levett Team manager Well done to all teams who played basketball this term. Everyone gave outstanding effort in their respective games.

Calvin White vs KHSA was a very close match with the final score being Calvin 14 / Kingston 16. Everyone who watched the game will agree that Calvin certainly won in terms of tenacity, teamwork and sportsmanship.



Calvin Black vs KHSB in the grand final and what a nail biting game this was. This Kingston team has won the grand final for the past two years. Every single player on our team gave their best and the result was a win to Calvin 25 / KHSB 20.

Well done Champs!



Calvin Allstars gave their best to win their grand final match against KHS. It was a convincing win of over 50 points. They were named 16 and under boys Champions

Great result!!

# from the School Counsellor



### Holidays can take students away from friends and their usual school supports.

Changes to routine can cause some young people to feel stressed, isolated and alone. Parent support is very important at this time.

Below is some information to help you support young people to stay in a healthy headspace in school holidays. There is also some information that may help you to identify when your young person might need some extra support and where to go for help.

There are a number of ways you can support your young person's mental health and wellbeing in the holidays:

## 1. Encourage them to stay connected

Social relationships are important to your young person's general wellbeing.

It is okay if they take time out for themselves at times, but encourage them to keep in contact with friends over the holidays. Friends can provide both play and support, and spending time with friends is also important for keeping and building on existing friendships.

If your young person is not feeling up to going out, even a phone call, email, text message or Facebook message can help them to feel connected to friends and family.

## 2. Encourage them to stay involved

Encourage involvement with volunteer work, hobbies, clubs or committees, or sports – these can help young people feel connected to their wider community. Participate with them when you can.

Involve them in decisions and give them responsibility at home (e.g. deciding what to eat for dinner and helping to prepare it). Help them to identify and set realistic goals. Setting and achieving realistic goals can be incredibly motivating and can help build self-confidence.

## 3. Encourage physical activity

Physical activity is important for everyone's health and wellbeing. If your young person is feeling down or finding things are difficult, physical activity may be the last thing they feel like doing. But even small activities, like walking around the block, can help relieve stress and frustration, provide a good distraction from worrying thoughts, improve concentration and improve mood.

If your young person is struggling to get active, find a physical activity that you both enjoy and can do together (e.g. swimming, playing sports with friends or cycling) and make a plan to do it regularly.

## 4. Encourage a regular routine

Getting a good night's sleep helps young people to feel energised, focused and motivated.

Adolescence is a time when a number of changes to the "body clock" impact on sleeping patterns and young people are more likely to have problems with sleep. Developing a sleeping routine can help. Encourage your young person to

wake up around the same time each day, get out of bed when they wake up, and go to bed around the same time each night.

Avoiding caffeine after lunchtime, having a quiet, dark and uncluttered bedroom and shutting down electronic devices before bed can also help them to get a good night's sleep.

## 5. Encourage healthy eating habits

Eating well doesn't only reduce the risk of physical health problems, like heart disease and diabetes, but it can also help with sleeping patterns, energy levels, mood, and general health and wellbeing.

A good balanced diet with less junk food/ lots of sugars and more vegies, fruit, whole grains and plenty of water will ensure your young person has all of the vitamins and minerals to help their body and brain function well.

### 6. Encourage play!

Devoting time to just having fun can help to recharge your young person's battery, revitalise their social networks and reduce stress and anxiety.

Version 1 – June 2015

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative.



headspace.org.au



### Tips to help you support your young person

- Recognise their distress
   or concerning behaviour
- Ask them about it (e.g "I've noticed you seem to be sad a lot at the moment.")
- 3 Acknowledge their feelings (e.g. "That seems like a really hard place to be in/I can understand why you are upset about that.")
- Get appropriate support and encourage healthy coping strategies (e.g "Do you need some help to handle this?")
- **5 Check in** a short time afterwards to see how they are going



## Signs that may suggest that your young person is struggling

It is normal for young people to have ups and downs. However changes in mood, levels of participation and thinking patterns which persist for more than a couple of weeks may indicate that your young person needs extra support.

Changes in mood include:

- Being irritable or angry with friends or family for no apparent reason
- Feeling tense, restless, stressed or worried
- Crying for no apparent reason, feeling sad or down for long periods of time

Changes in activity include:

- Not enjoying or not wanting to be involved in things they would normally enjoy
- Being involved in risky behaviour they would normally avoid
- Unusual sleeping or eating habits

Changes in thinking include:

- Having a lot of negative thoughts
- Expressing distorted thoughts about themselves and the world (e.g everything seeming bad and pointless).

If you believe that your young person is at risk of harm you should seek professional support from your GP, mental health service or emergency department.

### **Support service options**

- headspace centres provide support, information and advice to young people aged 12 to 25 – headspace.org.au
- eheadspace provides online counselling and telephone support to young people aged 12 to 25 – eheadspace.org.au 1800 650 890
- **Kids Helpline** is a 24-hour telephone and online counselling service for young people aged 5 to 25 – kidshelpline.com.au 1800 55 1800
- Lifeline is a 24-hour telephone counselling service lifeline.org.au 13 11 14
- Parentline 1300 301 300
- ReachOut.com for information about well-being.

headspace.org.au/schoolsupport headspace.org.au

Please refer to the **headspace** School Support Suicide Postvention Toolkit – A Guide for Secondary Schools for further guidance.

Fact sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to ensure the information is accurate, headspace makes no representations and gives no warranties that this information is correct, current, complete, reliable or suitable for any purpose. We disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information.

# Whole School

## CALVIN CHRISTIAN SCHOOL UNIFORM SHOP

#### **UNIFORM SHOP NEWS**

Uniform Shop is closed during the school holidays and re-opens on

Monday 31 July and Tuesday I August

#### **ADVANCED NOTICE**

Uniform Shop is CLOSED on Thursday 10 August for our annual Midford Conference.

Apologies for any inconvenience caused.

03 6240 1883

Email: ccs.kingston@midford.com.au

## SCHOOL UNIFORM SHOP

Secondary Campus Opening Hours Tuesday and Thursday 8:30am - 4pm

## WORKING WITH VUNERABLE PEOPLE REGISTRATION

Parent volunteers at Calvin are asked to obtain a Working with Vunerable People Registration. For details please contact Primary Office: 6229 3814 Secondary Office: 6229 4829

#### CALVIN FACEBOOK PAGE

For school life, information, photos and events, visit our Facebook page.



## Community



## Save that Tooth!

A front tooth can be knocked out in all sorts of accidents. Quick action could save that tooth!





**Keep calm and act quickly!** Try to find the tooth. Only adult teeth can be saved. Baby teeth cannot.



If the tooth is dirty, wash it with milk, saline solution or water, but only for a second or two.



Phone a dental clinic to let them know you're on your way. Make plans to get there immediately!



Carefully put the adult tooth back in. Make sure the tooth is facing the right way. Get the person to bite on a clean cloth to hold the tooth in place until the dental professional can manage it.



Handle the tooth by the crown (big) end.
Avoid touching the root as this may damage the tooth and make it impossible to replant.



6 Can't put the tooth back in or not sure it is an adult tooth? Carry it to the dental clinic in milk. Do not store it in water.



Accidents or Injuries to the Teeth or Face

Seek immediate emergency (000) medical attention if there is any sign of loss of consciousness, airway or breathing difficulties, dizziness, vomiting, fainting, or significant bleeding.





## Community



## KINGB@ROUGH MAXERSPACE

## **Term 3 Program**

July – September 2017

TIME	WORKSHOP
4pm-5pm Monday 7 August	Curiosity Session – Squishy Circuits Squishy Circuits use conductive and insulating play dough to teach the basics of electrical circuits in a fun, hands-on way. Make your own dough and watch your creation come to life with lights and buzzers.
4pm-5pm Monday 14 August	Curiosity Session — Galaxy Slime  Make this beautiful, sparkly, stretchy slime that looks just like the swirls of a galaxy. Learn about the chemistry of how it works.
4pm-5pm Monday 21 August	Curiosity Session — T-Shirt Tote Bag  Everyone has an old t-shirt that they didn't need or like anymore. This is a great way to upcycle that old tee so instead of tossing it. Make it into a reusable tote to help save the planet from more plastic bags.
4pm-5pm Monday 28 August	Curiosity Session – Turn your Smart Phone into a Microscope It's great for selfies, texts, emails and searching the net but did you know that it could also become a microscope? We will show you how in this Curiosity session.
10am-12pm Saturday 2 September	Circuit Circus  Join Hobart Hackerspace to play with Electrons. Make circuits out of common household objects to light lights and buzz buzzers. Draw a working circuit on paper, hack a lemon, make squishy circuits, and experiment with plasma balls - the only limit is your imagination!
4pm-5pm Monday 4 September	Curiosity Session – Bike Chain Fidget Spinner Fidget Spinners became a recent fad and were designed to calm the nerves, relieve stress and increase concentration. Make your own unusual fidget spinner using a bike chain and some common household materials.
4pm-5pm Monday 11 September	Curiosity Session - Extract DNA from Strawberries  Make your own DNA extraction kit using common household materials. Learn about biotechnology and life sciences in a fun and interesting way.
4pm-5pm Monday 18 September	Curiosity Session - Salvaged Sculptures Use items found at the Re-Use Shop at Barretta to create your own sculpture to display at Kingston LINC, to promote Kingborough Council's Salvaged Art from Waste Exhibition.
4pm-5pm Monday 25 September	Curiosity Session – Make your own Mini Bot  Make a fun little mini bot out of a bottle cap or toothbrush that moves around the table and vibrates.

All Makerspace sessions will be held in the Meeting Room, Kingston LINC

Cost: Free

Ages: 8 - 14 years (Maximum 12 per session)

Bookings Required: www.eventbrite.com.au/d/tasmania--tasmania/kingston-linc

For more information, please contact Sonya at Kingston LINC

E: Sonya.Moon@education.tas.gov.au or PH: 6165 6210

This project received grant funding from the Australian Government. It is a partnership between Kingborough Council and Hobart Hackerspace and is supported by Kingston LINC.



## communityservices

KINGBOROUGH COUNCIL

www.kingborough.tas.gov.au

## Community



Girls Make Your Move and Jazzercise have teamed up to give girls around Australia an amazing opportunity to start dancing.

Young women under 21 years old are invited to 30 days of FREE unlimited Jazzercise classes – a dance party workout program that fuses cardio, resistance training, Pilates, yoga, kickboxing and modern dance.

## WHY NOT BRING A FRIEND? #GIRLSMOVE

### WHAT'S JAZZERCISE

Jazzercise is a pulse-pounding, beat-pumping, dance party fitness program, with a hot playlist to distract you from the burn.

There are a range of classes—Strike, Fusion, Interval, Core, Strength and Dance Mixx— to keep you motivated and will leave you hot and breathless.

Go to www.australia.gov.au/girlsmove/jazzercise-offer to find your local participating facility and get moving for free. Just download the voucher and bring it along to your local Jazzercise to get started.

Please arrive 10 minutes prior to class start time to register (if you're under 18, a parent or guardian will need to sign the consent form).

#### Terms and Conditions

- By joining a Jazzercise managed facility, you consent to the terms of this agreement and codes of client conduct associated with your selected Jazzercise facility.
- Promotional offer claim ends 30 September 2017. However, if you commence your access on this day your free membership will last until 30 October.
- 3. This offer is for new customers only.
- 4. The 30 days are consecutive from the day you sign up at your local Jazzercise facility.
- Participants must be under 21 years of age to claim the offer.
- 6. Free 30 days of unlimited classes available at one Jazzercise facility only.
- Specialised terms and conditions of entry at your selected participating Jazzercise facility will apply please
  refer to your local facility for further details.
- Special membership deal available for sign up at your Jazzercise facility within your month free membership. Refer to the facility for your deal.